

December
2024

HYPERTHERMIC MONTHLY MEETING



TOPIC:

December – Patient Education and Compliance

PRESENTED BY:

Karen

Berkshire Health – Fairview

Patient Education & Compliance

Healthy communication and education go a long way in the understanding of disease and treatments. This can dramatically increase compliance which leads to better healing rates. Utilizing our resources and the time spent with patients to improve their knowledge can be the difference between “I have no clue why I come here every day” to “I come here every day to grow new blood vessels in my foot, increase my ability to fight infection, and heal my wound up much faster!” The mentality alone plays a large role in healing, imagine how much more compliant patients would be if they had a true understanding of hyperbaric oxygen therapy.

Patient Resources

- Wound care team
- Educational handouts/video
- Transportation
- Financial assistance
- Caregiver support/education
- Support groups (such as amputation, diabetes, cancer, etc.)
- Diabetes/Nutrition education
- Case worker/patient care advocate



Educational Needs

- All patients entering the Advanced Wound Care Center will be evaluated for educational needs and their ability to learn upon initial visit to the wound care center or at the hyperbaric consultation.
- Different learning styles may be required to help the patient understand on their level.

- Educational levels
- Motivational level
- Knowledge level of required medication
- Knowledge level of diagnosis
- Knowledge level of treatment plan
- Language barrier
- Cultural barrier
- Emotional barrier
- Physical barrier
- Reading barrier
- Sensory barrier
- Altered mental status due to medication
- Altered mental status due to aging process
- Financial concerns

Assess:

All education performed is dated and documented in the medical record as seen below.

- Patient's preferred learning style
- Patient's level of support system for learning
- Patient's educational goal for attending the Center
- Attendees during patient visit

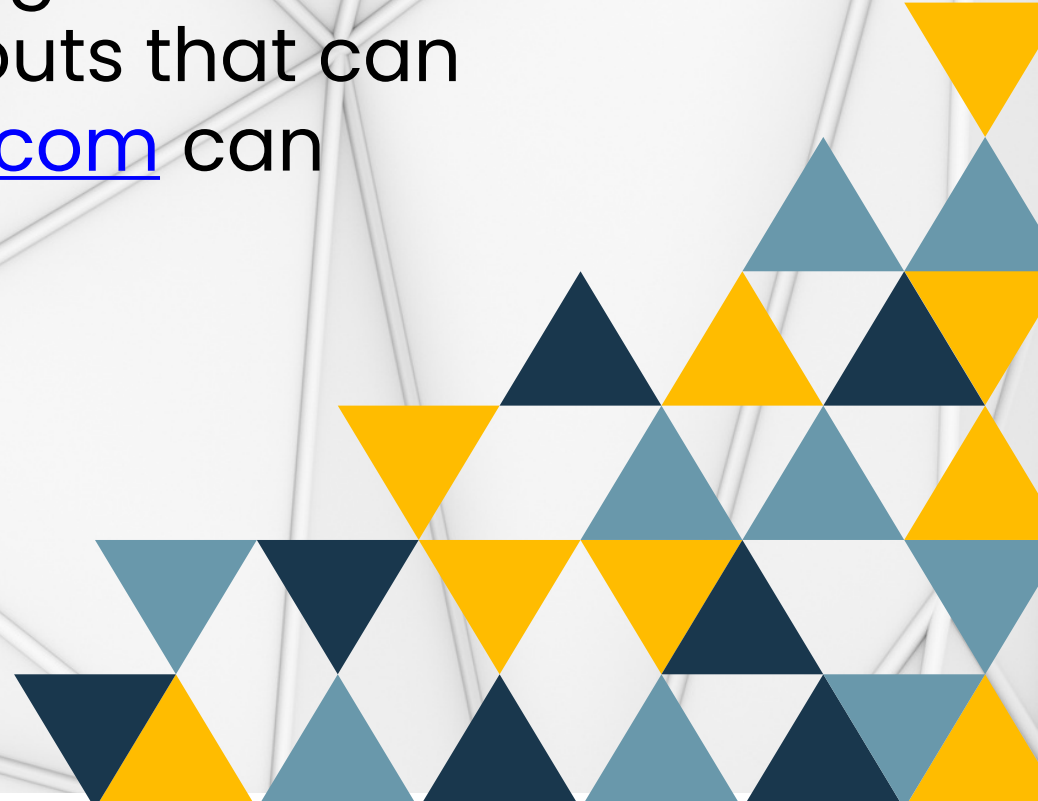
Caregiver Education

The patient's family and/or caregiver will be provided with appropriate education and training to increase knowledge of the patient's illness and treatment needs, and to learn skills and behaviors that promote healing and improve function. The education and training will be specific to assessed needs, abilities, and will be appropriate to the anticipated length of treatment. We encourage a family member or caregiver to attend hyperbaric consults to maximize education retainment.

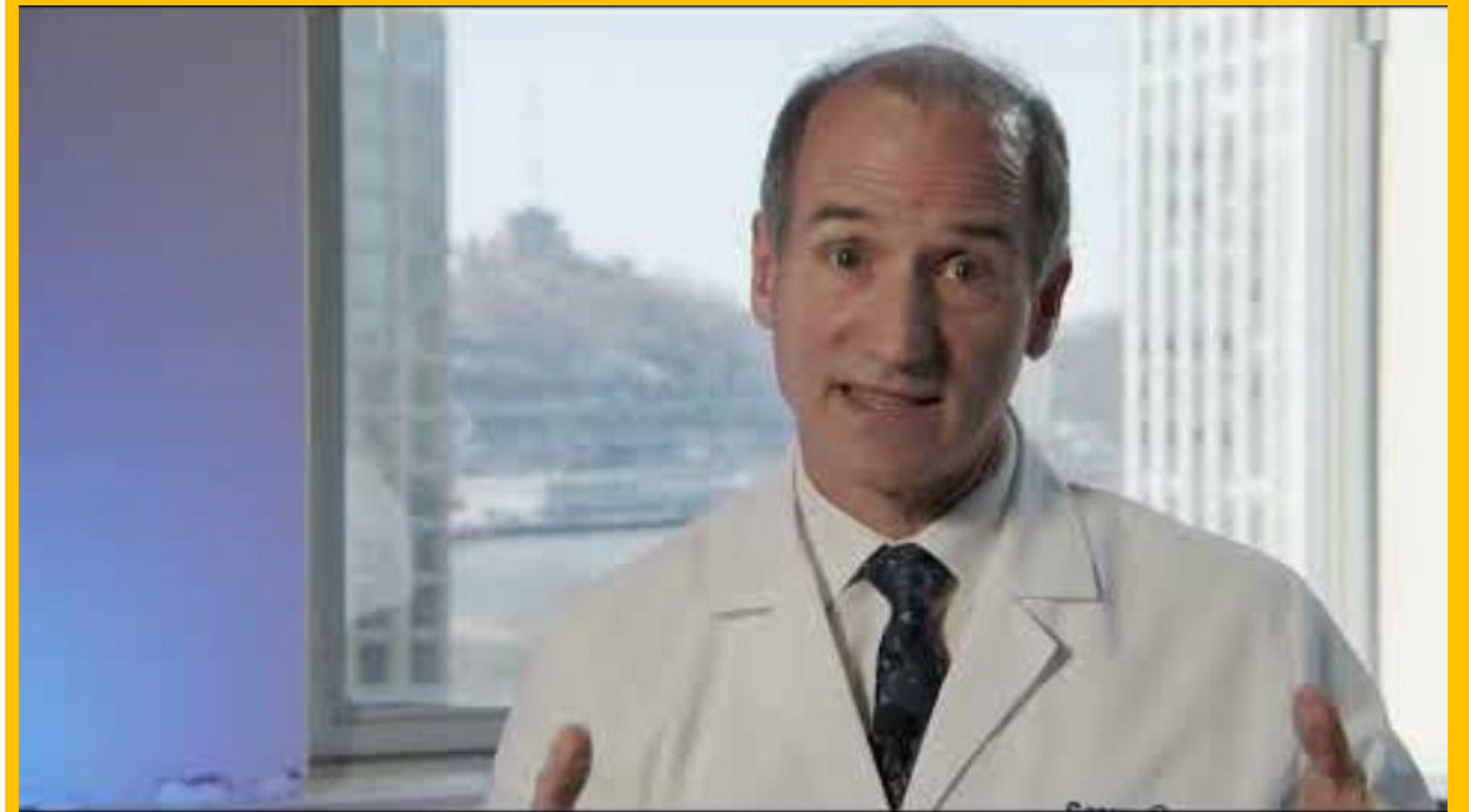


Education for Hyperbaric Patients

HBOT offers a unique opportunity to provide patients with continuing, daily educational opportunities. Hyperbaric, offloading, diabetes management, wound dressings, debridement, Negative Pressure Wound Therapy, etc. are topics that are frequently discussed with patients during their time in hyperbaric. By maximizing this time with education, compliance can be improved significantly as the patient's begin to develop a genuine understanding of the 'how' and 'why' of wound healing. Handouts that can be found on the member's portal at www.serenagroupinc.com can reinforce these discussions



SerenaGroup Video – Intro to HBOT for Patients



5 Strategies for Providing Effective Patient Education

1

Take advantage of educational technology

2

Determine the patient's learning style

3

Stimulate the patient's interest

4

Consider the patient's limitations and strengths

5

Include family members in healthcare management

SOURCES

Serenagroupinc.com



QUESTIONS?



The image features a graphic design for a quiz. The background is a white geometric pattern of interconnected lines forming a grid of triangles. A large, diagonal yellow and blue shape cuts across the right side of the image. In the center, the word "QUIZ" is written in a large, bold, yellow font with a thick blue outline. Above the word are three blue speech bubble icons with yellow outlines: the first contains a white exclamation mark, the second contains a white checkmark, and the third contains a white question mark. On the right side, a blurred photograph shows a person standing at the front of a room, and several audience members in the foreground have their hands raised, suggesting an interactive session or a quiz.

QUIZ

QUESTION 1

What do we hope to improve upon by providing quality patient education?

- a. Compliance
- b. Better Outcomes
- c. Faster Healing
- d. Healthier Understanding
- e. All of the above



Answer

E. All of the above. A healthier understanding leads to increased compliance which provides faster healing and better outcomes!

QUESTION 2

If I have a need for an educational handout and I don't see anything similar on the member's portal, what should I do?



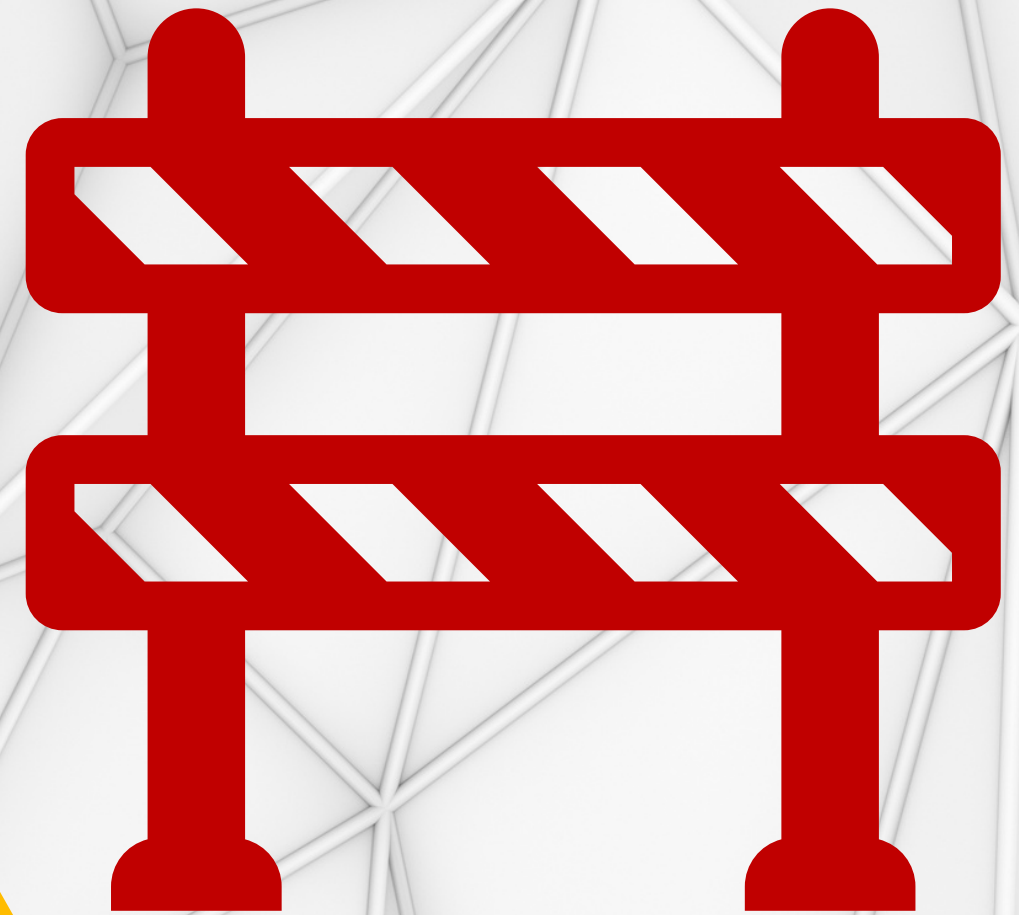
OUTPATIENT

Answer

Reach out! Ask your program director or Ally to see if this is something we can create for use in all of our centers. If one person has a need for something, there's a chance others could benefit from it too!

QUESTION 3

List 3 barriers to learning.



Answer

- Educational levels
- Motivational level
- Knowledge level of required medication
- Knowledge level of diagnosis
- Knowledge level of treatment plan
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HOUSEKEEPING

2025 SAFETY MANUAL



COMPETENCIES

ROUND TABLE?

Join Commision, DNV survey preparation





November Attendance



Attended

- Wellspan Chambersburg
- Henry Ford
- Fairview
- Inspira
- Jackson Hospital
- The Woodlands

Unattended

- Cleveland Clinic Akron General
- ACMH
- Monroeville
- MGMC

If you were unable to be present at the meeting, please send a copy or picture of your completed quiz in the safety manual to ageorge@serenagroups.com or 609-202-6152.

COMING UP NEXT MONTH

Topic: TBD

Presenter: TBD

 Date: First Tuesday of Every Month? 12 pm?

HYPERBARIC CONTACTS

THANK
YOU!



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